

Wellness II Syllabus

Course Overview

Our class curriculum provides opportunities for you to become better equipped to evaluate decisions that can enhance your health and well-being.

Our content provides accurate information about human sexuality including gender roles, reproductive anatomy and physiology, dating guidelines, abstinence, pregnancy and childbirth, relationships, sexually transmitted infections, and pregnancy prevention strategies. Skill-building strategies include general communication skills, refusal skills, planning and goal-setting skills, examining influences on decisions, and identifying consequences of decisions.

Course evaluation will be based on participation in class discussions and activities, assignments and written tests.

General Requirements and Expectations

It is expected that every student will be respectful of others, recognizing there will be a diversity of individuals' life experiences, families and personal beliefs.

Be aware of and model the EVHS Guiding Principles/ Academic Honesty and Integrity Policy.

Your active involvement in class will help insure your success. Each student will be required to keep a notebook/binder of all notes and handouts.

Learning Outcomes

By the end of the course you will be able to identify influences on decision-making. You will also be able to understand and weigh the risks, consequences, responsibilities, outcomes and impacts of your decisions as they relate to your future well-being.

Attendance

Consistent attendance is essential for success in this course. We do not use a book on a regular basis and most information is conveyed through class discussions, guest speakers and class activities. Therefore, if you are absent, it is very difficult to make up those experiences. This class adheres to school policy regarding absences and tardies.